

Home & School

Working Together for School Success CONNECTION[®]

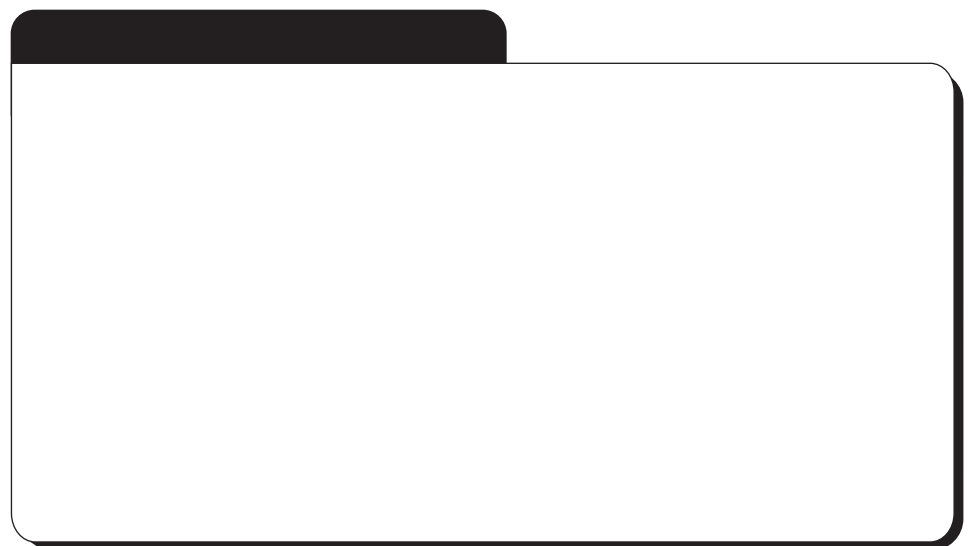
December 2020

Active listening
Listening challenge!

Ask your youngster to listen while you describe a recent meal in detail: "For breakfast, I had a fried egg, toast with peach jam, a Gala apple, and black coffee." Then ask questions like "How was my egg cooked?" and "What kind of apple did I eat?" Now he can give you a listening challenge.

Keep germs away
When your child touches her face, she can transfer germs from her hands to her eyes, nose, and mouth. Help her touch it less often by keeping her hair trimmed and out of her eyes and having tissues available. If she wears face masks or glasses, make sure they fit properly so she's not constantly adjusting them.

Practice being polite
Role-play to help your child remember his manners. Take turns naming situations where politeness is called for



How to handle cyberbullying

React appropriately. Does your youngster know what to do if he's cyberbullied? Talk frankly about tactics that help (telling an adult) and don't help (responding to the person doing the bullying). Together, learn how to take screenshots of texts or chats in case he needs proof of a cyber bullying incident.

Provide guidance. Set clear guidelines for your child's online behavior. For example, he shouldn't send a message or photo to another child that he wouldn't want you or his teacher to see. It may be a good idea to point out that other kids and their parents can take screenshots, too.

Signs of affection

Even when life gets hectic, remember to show your child on a daily basis that you love her. Simple words and actions like these will go a long way in making her feel loved and secure.

Leave notes

Secretly leave a loving message in your youngster's "home office" or backpack. ("Have a great school day! Love, Dad.")

Eat together

Plan special school-day breakfasts

Geography: Maps and more

Your youngster's day is

filled with opportunities to explore geography.

Here are three ideas.

1. Food. Ask your child to read stickers on fruits and vegetables you buy to find out where the food was grown. Together, look up the weather in those states or countries. She'll see what produce is grown in warmer or cooler temperatures.
2. Mail. Let your youngster check postmarks, find the locations on a map, and calculate how many miles the mail traveled to reach you.
3. Time zones. Plan a phone call with a relative who lives in a different time zone, and help your child look up the time there. Then, she could see what time it is in other places around the world.

Doing well on tests

OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

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